

**ORDER YOURS
TODAY AT
SheRexRecovery.com**

Questions?

Email: info@SheRexRecovery.com

Call: 303-356-7249





HEAL
TODAY
IMAGINE
TOMORROW



SHE REX[®]
recover strong.

WELCOME!! YOU'VE JUST HAD ORTHOPEDIC SURGERY...

...and you're looking forward to getting back to all of life's activities. The recovery and rehabilitation journey is different for everyone and is sure to include a range of emotional and physical changes. One thing most post-surgery patients can agree on, is a desire for a quicker recovery with less setbacks to healing.

It's time to commit to a smooth reentry. Give yourself permission to more easily take care of yourself while going about your daily activities and to focus on the things most important to you, without worrying about accidentally overextending a motion. That's what **SHE REX®** is all about, seamlessly and comfortably integrating into your routine – gently reminding you to keep movements within the best range for optimal recovery.

Created by Kelli Beckish, a successful entrepreneur and textile manufacturer, after her own surgery, SHE REX® is designed to make the healing process more efficient. The product is an extraordinarily simple, but truly ingenious invention to help those recovering keep their movements limited to the safe range. The name **SHE REX®** is an acknowledgment of how the limited movements make the user look a bit like the mighty dinosaur with short arms. **SHE REX®** is available to help anyone who has undergone breast augmentation, reduction, shoulder surgeries, or other orthopedic procedures.



recover strong.

GENTLE RECOVERY REMINDER

SHE REX® patent-pending post-op wearable bands comfortably remind you to keep your arms from overreaching – avoiding the painful movements that hinder recovery. Ideal for use following mastectomies, augmentations and other surgical breast procedures.



ADJUSTABLE



- Keeps arms from lifting over 90°, encouraging soft, gentle arm movement like small, T-Rex motions.
- May need to order one size up for a comfortable fit.

